Early Stage Memory Loss Zoo Walk

Walk with us at Point Defiance Zoo & Aquarium

The Zoo Walk offers individuals experiencing mild memory loss an opportunity for regular exercise and a space to build relationships. There is NO charge for Zoo & Aquarium entry.

Walks happen weekly!

Fridays beginning 11/18 **or** **Mondays** beginning 11/14

Pre -Registration is required. **To register** please contact:
Early Stage Memory Loss Coordinator at **206-529-3868**
For more information about this and other programs please contact: **Caregiver Support** at **253-722-5691**

Lutheran Community Services Northwest
1-800-335-8433 | www.lcsnw.org

Alzheimer's Association, Washington State Chapter
www.alzwa.org

Lutheran Community Services NORTHWEST
Health • Justice • Hope

alzheimer's association®